



Ali Stoffels

Ali is the founder of Rec Gym Pros and enthusiastic (aka obsessed) about all things rec gymnastics - especially anything "outside the box" - when it comes to program planning, coach development & leadership training! After Rec Directing for the last 10 years, Ali has leapt into RGP full time and now keeps busy consulting with gyms, speaking at conferences and most recently co-launching Red Director 101 — an online course to help new rec directors learn the skills they need to be confident leaders of their own programs. She loves all things crafty, camping, travelling and escape rooms!

Sessions:

- Circle Games for Summer Camp
- Staff Evaluations - The Good, The Bad & The Ugly... and The Way Forward



Sarah Fennell-Cooper

Sarah grew up in the gym, competing in both artistic gymnastics, and power tumbling. She's a former preschool director for programs both in the US and New Zealand. Sarah also spent five years teaching Kindergarten and she has a Master's degree in Educational Psychology. Sarah LOVES to teach! She's been a speaker at our industry's biggest stages all across North America. For the past six years, as the founder of Happy Gymnastics, and co-host of The Gym Fix podcast, Sarah shares her enthusiasm and unique behind the scenes knowledge of how kids work in the gym -- and helps gym owners with how to make every coach your start coach!

Sessions:

- Creation Station
- How to Help Preschool Coaches with Class Management (without breaking a sweat)



Ashley LeBeau

Ashley was the Director of Preschool Gymnastics when the Champaign Gymnastics Academy (Illinois, USA) opened its doors in 2012 with 122 recreational gymnasts. In 2017 she became the Recreational Director overseeing all recreational programming, including preschool, which now includes over 700 students. CGA's motto to "Be Awesome Always" encourages their gymnasts to be their best selves both as gymnasts and individuals outside the gym. Ashley continues to develop CGA's program and inspires her staff to embody the spirit that gymnastics is truly a sport for everyone regardless of age, body type, and athletic ability.

Sessions:

- Preschool Gymnastics and Brain Development – How concepts like balance, proprioception, and bilateral coordination teach more than just gymnastics!
 - What these concepts means + alllll the stations



Alicia Hutson

With over a decade of experience in recreation, my passion is creating programs for all ages, and abilities to thrive in. When I'm not on the floor working with the recreation program, I am helping new coaches and athletes fall in love with gymnastics and leadership. As a Learning Facilitator, Rec Director and one of the creators of Rec Director 101, I take pride in educating and learning with future coaches and fellow Rec Directors.

Sessions:

- Handstand Mania
- More than "Good Job"
- Learning to Lead - Raising Leaders in Your Gym



Jen Nedgial

Jen started out as a young gymnast at the club her father ran and then returned to the gym when her daughter got involved in the sport. Jen worked hard to move up the ranks coaching rec, interclub and provincial gymnasts. In 2008, she followed her passion to open her very own gym, Giant Gymnastics! Starting with just 3 coaches and 50 kids, Giant Gymnastics has continued to grow year after year, now with over 1000 kids and 40+ on her staff team. In 2014, Giant Gymnastics was named Canada's Club of the Year — which is a testament to Jen's commitment to her gym being a place "Where Kids Come First". You can see this in action every day at Giant Gymnastics, where all kids have fun and have a safe place to shine, no matter their ability

Sessions:

- Building Loyalty for families, gymnasts & staff



Beth Oribine

Beth has been hooked on gymnastics since middle school. She took her first NCCP coaching course in 1978. Her interest in coaching led to a degree in Physical Education with an Advanced Coaching Certificate from York University. For 25+ years Beth was a recreational and preschool coach, supervisor & program director at a large Ontario gymnastics club. After leaving a full time program director position Beth became a NCCP Foundations Introduction, Theory, Artistic, Rhythmic and Active Start Learning Facilitator as well as a Master Coach Developer and Coach Evaluator. Beth is a firm believer in HIGH FIVE principles. She's eager to share her accumulated knowledge with new & experienced coaches alike.

Sessions:

- Small Risks Can Lead to Big Success
- Communication Tips for Front Line Leaders Working with Parent & Tot
- Physical Literacy for the Front Line Leader



Tyler Yap Young

Tyler is a highly trained Gymnastics and Trampoline Coach, as well as, a Coach Evaluator and Coach Developer for Gymnastics Ontario. He is also the Operations Manager at the Pulsars Gymnastics Club located in Newmarket. Tyler received formal & theoretical leadership training when he attended the University of Guelph where he graduated with a Bachelor of Commerce in Management, a Bachelor of Arts in Political Science and a Certificate in Leadership. Since then, Tyler has been using his knowledge to help develop future leaders and coaches across Ontario.

Sessions:

- Don't Create Coaches; Create a Team
- Coaching a Great Boys Program
- Developing Trampolinists for All Disciplines



Teagan Fitch

I'm Teagan Fitch, the owner of Spectrum Gymnastics, a fully inclusive gym offering programs for all ages and abilities. I'm 24 years old and opened my gym just over a year ago. I may be young but I come with years of real life experience creating adaptive programming in various settings and ensuring it's successful wherever I go. I have a Bachelor's Degree in Recreation & Leisure Studies with a Minor in Child & Youth Studies from Brock University. I have also completed a Post-Graduate Certificate in Autism & Behavioural Science from Niagara College. My entire life I have been combining my two passions; gymnastics & working with kiddos with special needs.

Sessions:

- A "Spectrum" of Strategies
- The Business of Adaptive Programming