



## *Ali Stoffels*

Ali is the founder of Rec Gym Pros and enthusiastic (aka obsessed) about all things rec gymnastics - especially anything "outside the box" when it comes to program planning, coach development & leadership training! After Rec Directing for 10+ years, Ali now runs RGP full time and keeps busy facilitating rec coach training & education clinics/events for gyms across North America and supporting rec program managers with online courses like Rec Director 101 & the LIT Train the Trainer. Outside the gym, Ali loves all things crafty, camping, travelling and escape rooms!

### **Sessions:**

- Know Your True Colours: Playing to Your Strengths as a Leader
- Harness the Power of Positive Feedback



## *Elizabeth Lilla*

Elizabeth (Liz) has been involved in gymnastics for nearly her entire life. After retiring from competition while in high school, Liz caught the coaching bug and never looked back! She coached at a local gym all through college. Upon earning her doctorate in occupational therapy from Creighton University, Liz decided to chase her dream of opening a gymnastics club, where she could share her love of the sport with as many children as possible. In January of 2007, she founded Metro Stars Gymnastics with a total of 5 students. Things picked up from there, and by the year's end, Liz had a growing program. Currently Metro Stars Gymnastics has 3 locations in the Omaha, NE area. In her spare time, she enjoys spending time with her four children, Katie, Juliette, Samantha, and Charlie, as well as reading, traveling, and sewing.

### **Sessions:**

- Parents, Parents, Parents!
- Building Blocks of Progressions



## *Teagan Fitch*

I'm Teagan Fitch, the owner of Spectrum Gymnastics, a fully inclusive gym offering programs for all ages and abilities. I'm 24 years old and opened my gym just over a year ago. I may be young but I come with years of real life experience creating adaptive programming in various settings and ensuring it's successful wherever I go. I have a Bachelor's Degree in Recreation & Leisure Studies with a Minor in Child & Youth Studies from Brock University. I have also completed a Post-Graduate Certificate in Autism & Behavioural Science from Niagara College. My entire life I have been combining my two passions; gymnastics & working with kiddos with special needs.

### **Sessions:**

- A "Spectrum" of Strategies
- The Business of Adaptive Programming



## Ashley LeBeau

Ashley took on the Director of Preschool Gymnastics role when the Champaign Gymnastics Academy (Illinois, USA) opened its doors in 2012 with 122 recreational gymnasts. In 2017 she became the Recreational Director overseeing all recreational programming, including preschool, which now includes over 800 students. CGA's motto to "Be Awesome Always" encourages their gymnasts to be their best selves both as gymnasts and individuals outside the gym. Ashley continues to develop CGA's program and inspires her staff to embody the spirit that gymnastics is truly a sport for everyone regardless of age, body type, and athletic ability.

### Sessions:

- Meaningful Class Management + Communication Strategies



## Alicia Hutson

With over a decade of experience in recreation, Alicia's passion is creating programs for all ages, and abilities to thrive in. No matter the role she takes on at the gym, Alicia is always looking for ways to help new coaches and athletes fall in love with gymnastics and leadership. As a NCCP Course Learning Facilitator, Executive Director of KW Gymnastics Club and Co-Creators of Rec Director 101, Alicia takes pride in educating and learning with future coaches and fellow Rec Directors.

### Sessions:

- Teaching Literacy and Numeracy at Gymnastics



## Tyler Yap Young

Tyler is a highly trained gymnastics and trampoline coach, as well as, a Coach Evaluator and Coach Developer for Gymnastics Ontario. He is also the Operations Manager at the Pulsars Gymnastics Club located in Newmarket. Tyler received formal & theoretical leadership training when he attended the University of Guelph where he graduated with a Bachelor of Commerce in Management, a Bachelor of Arts in Political Science, and a Masters of Sciences in Management. Tyler continues his research focusing primarily on sport management and sport ethics. Tyler is passionate about using his knowledge to help develop future leaders and coaches across Ontario.

### Sessions:

- Decision Making to Create a Positive Sport for All
- Becoming the Coach You're Meant to Be!



## Jen Nedgial

Jen started out as a young gymnast at the club her father ran and then returned to the gym when her daughter got involved in the sport. Jen worked hard to move up the ranks coaching rec, interclub and provincial gymnasts. In 2008, she followed her passion to open her very own gym, Giant Gymnastics! Starting with just 3 coaches and 50 kids, Giant Gymnastics has continued to grow year after year, now with over 1000 kids and 40+ on her staff team. In 2014, Giant Gymnastics was named Canada's Club of the Year — which is a testament to Jen's commitment to her gym being a place "Where Kids Come First". You can see this in action every day at Giant Gymnastics, where all kids have fun and have a safe place to shine, no matter their ability

### Sessions:

- Silent Strength; Transforming your Management Style with Listening



## *Melissa Klassen*

With over 16 years of working in special education, Melissa has an urge to share her wealth of knowledge to help coaches understand the roots of behaviours, to make the gym inclusive, adaptive and open to all. She has a unique perspective and is always happy to problem solve and collaborate with others.

### **Sessions:**

- "But I CANNOT stand still!" - Making the gym fit our kids; and not our kids fit the gym



## *Keegan Farrell*

Keegan has been working with kids or assisting in some capacity in sport/recreation since he was 15 years old. His experience is in multi-sport and recreational activities of all kinds and he continually seeks out great opportunities and people to engage with and learn from. Currently, Keegan works as the Camps and Events Coordinator at Dynamyx Gymnastics in Alberta, where he aims to give participants a unique and memorable experiences, because who knows who it may inspire to follow a passion for activity and play!

### **Sessions:**

- Special Events: Setting Yourself Apart



## *Fiona van Wissen*

Fiona is a writer, an outdoor educator and a gymnastics coach. She has been coaching rec gymnastics for over 20 years. When she's not in the gym, she loves exploring the woods and wetlands with all ages. Fiona was recently accepted by Teach for Canada -Gakinaamaage to teach primary school in northern Ontario for the next two years in a small community that is reached by plane only.

### **Sessions:**

- Find Your Spark
- Balance, Beams and Falls....Life lessons from the Beam



## *Ray Smale (from iClassPro)*

iClassPro is the world's leading class management software solution for children's activity centers. Our goal is to solve the dilemma most every business owner in the industry experiences — how to spend less time running a gym business and get back to coaching, teaching and supporting their mission. Today, we're proud to serve thousands of these businesses around the world with quality-driven software that helps them operate more efficiently, earn more revenue and drive future success. And by constantly listening to customers and what they need, iClassPro keeps getting better.

### **Sessions:**

- Reimagine the way you run your business with iClassPro